

Hitting The Spiritual Target

Ask yourself: What is the spiritual purpose of the aspect of the tradition you wish your pupils to learn about ?

Try to design a religion neutral exercise or a participatory symbol to parallel the ceremony ritual or concept eg

- Modern story to parallel the life of a founder
- Lighting a candle to focus thoughts on a special person or wish
- Sharing special photographs to enable pupils to empathise with the effect of images in worship
- Sharing special writing to help pupils empathise with the feelings aroused by believers reading holy books
- Sharing special places to help understand the feelings believers have in their holy places
- Sharing special journeys
- Sharing celebrations to empathise with the effect of festivals on the family and community
- Designing visualisations to take pupils into an experience of visiting a place of worship, describe what is seen, heard and smelled, then watch a person worshipping, imagining how it is making them feel
- Visualisations to enable pupils to explore regrets, forgiveness, aspirations needs and how they might react in the face of temptation
- Visualisations to help them understand how a believer might feel
- Participatory symbols such as washing hands or stones , throwing paper pellets or something written to remove regrets, and feel cleansed or experience a sense of a new beginning
- Writing on rice paper which is dissolved to let go or feel cleansed
- Miming to aid memory and understanding and to enter the experience of how it feels to be a believer .(Jewish and Muslim prayer, Orthodox worship in the Christian church)

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Plan the multi sensory aspects of the lesson: Music to come into, for specific activities and transitions within the lesson, to create or alter mood, to evoke atmosphere.

taste ? touch, smell ?

What will pupils see ? flowers, plants, fabric,artefacts?

What can they create during the lesson? A mosque, gurdwara, church synagogue or temple. A Shabbat table ? What could they re enact?